

**Occupational Therapy** services include services to help improve your safety and independence at home such as:

- Home visit assessments
- Equipment prescription
- Home modifications such as installing a rail
- Falls risk assessments
- Connecting with other service providers who could help you.

## Hand Therapy services include services such as:

- Assessment of your hand/s
- Exercises to improve movement and strength
- Splinting to promote healing and improve function
- Ways to protect your hands

If you have any questions please don't hesitate to be in contact.

We look forward to working with you....

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